







March 2010



Lake Central Elementary Schools



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|
| Chicken Hip Dipper 1 Or Baked Ravioli with Crisp Garlic Toast Farmhouse Salad Diced Peaches and Choice of Milk | Happy Birthday 2 Dr. Seuss! Hop and Pop Nuggets & Yertle Wheat Roll or Bartholomew Burger Lorax Leafy Greens Sneeches Peaches & Milk | Pretzel & Cheese 3 Mini Corn Dogs or Hotdog with Fresh Veggie Bar Orange Wedges Choice of Milk | Waffle Sticks with 4 Syrup and Sausage or Turkey Twister with Oven Browned Potatoes Cinnamon Apples & Milk Selection | Piping Hot! 5 Big Daddy's Cheese Pizza Or Grilled Cheese with X-Ray Vision Carrots Diced Pears Grape Juice and Milk |
| Chicken Nuggets 8 or Cheeseburger with Mini Ravioli Crisp Celery Sticks Mandarin Oranges Ice Cold Milk | Bosco Sticks and 9 Marinara Sauce or All American Hotdog With Fresh Garden Veggies Fruit Selection Choice of Milk | Two Terrific Tacos 10 With Toppings or Gold Crisp Corndog With Chips & Salsa Gorgeous Garden Greens Chilled Peaches & Milk | Turkey and Gravy or 11 Chicken Hip Dipper with Wheat Roll & Jelly Mashed Potatoes Fresh Fruit Bar Choice of Milk | Macaroni & Cheese 12 with Wheat Roll or Fish Filet Sandwich With Powerful Sweet Peas Orange Smiles Grape Juice and Milk |
| Combo Special 15 Bosco Pepperoni Pizza Stick & Chicken Nuggets Or All American Hotdog With Baby Carrots & Broccoli Peaches and Milk | Super Nachos 16 with Toppings or All American Hotdog with Hash Brown Stick Orange Smiles Choice of Milk |  Shamrock Pretzel! 17 With Mini Corndogs or All American Hotdog with Great Green Produce Bar Ice Cold Milk | SPRING PICNIC! 18 Fried Chicken, String Cheese and Biscuit or Deli Turkey Twister With Baked Idaho Potato Picnic Peaches & Milk | Piping Hot! 19 Big Daddy's Cheese Pizza Or Grilled Cheese With Sweet Baby Carrots Diced Pears OJ and Milk |
| 22 Spring Break Begins |  23 |  24 |  25 Online Only Double Click speaker above to hear a spring song! | Fresh Fruit Friday 26 Returns in March! Each Friday, you will have a chance to win fresh produce! Featuring <u>Green</u> Items this month! |
| Chicken Bacon 29 Ranch Sandwich or Hamburger with Oodles of Noodles Farmhouse Salad Tropical Fruit & Milk | Bosco Sticks & 30 Marinara Sauce or All American Hotdog with Fresh Veggie Dippers Fruit Selection Ice Cold Milk | Two Terrific Tacos 31 Or Gold Crisp Corndog With Chips and Salsa X-Ray Vision Carrots and Dinosaur Broccoli Fresh Fruit Tray & Milk | Pretzel & Cheese Day 6 Mini Corndogs or All American Hotdog with Fresh Crunchy Celery Fruit Selection Ice Cold Milk | March Is National Nutrition Month! |

Breakfast

Monday

Mini Bagels with Toppings

Tuesday

Sausage & Egg Muffin

Wednesday

Pizza Bagel

Thursday

Belgian Waffle Sticks and Strawberries

Friday

Cinnamon Tasteries

Fresh Fruit Fridays

March 5th KIWI
 March 12th GREEN APPLES
 March 19th D'ANJOU PEARS

